Every batch of Nordic Naturals fish oils is third-party tested for environmental toxins, including heavy metals, dioxins, and PCBs. All fish oils used in Nordic Naturals products are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis are available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837 Keep out of the reach of children

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway.









ProOmega®-D

650 EPA/450 DHA/1000 D3

Supports Brain and Heart Health* Helps Optimize Immune Function* Supports Healthy Eyes*



Dietary Supplement | 120 Soft Gels | 1000 mg

Supplement Facts

Serving Size: 2 Soft Gels	Servings per c	ontainer: 60
Amount Per Serving	% Daily Value*	
Calories	20	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.1 g	1%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	1000 I.U.	250%
Total Omega-3s	1280 mg	†
EPA (Eicosapentaenoic Acid	d) 650 mg	†
DHA (Docosahexaenoic Acid	d) 450 mg	†
Other Omega-3s	180 mg	†
* Percent Daily Values are based on a 2,000 calorie diet		

Daily Value not established. Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.