

## Algae Masque Treatment Protocols (Dry Room)

### PREPARATION:

1. Place the Chamomile and Marine Algae Body Masque in Amber Treatment Bowl or mud warmer and allow the masque to heat for 5 – 10 minutes until it is uniformly warm/slightly hot.
2. Place a wool blanket on the massage table.
3. Cover the blanket with a sheet.
4. Place a Space Blanket over the sheet.
5. Place plastic sheeting on the table.

### CLIENT PREPARATION:

1. Have the client remove all of his/her clothing and slip into disposable briefs/bra or boxers.
2. Have them drink a glass of water at room temperature.
3. Assist them on to the table.

### APPLICATION:

1. Dry brush body area to be treated.
2. With the client in a seated position, remove a small amount of algae from the heater and massage onto the clients back.
3. Have the client lay back onto the massage table face up.
4. Gently bend one leg and massage a thin layer of algae onto the entire leg area beginning with the foot and working upwards to the buttock. Make sure you cover the entire front and back. Cover with the leg with the plastic wrap. Repeat the process for the other leg.
5. Move up to the abdomen and arm area continuing to thinly cover the entire torso area with a light layer of algae massaged into the treatment area.
6. Wrap the entire body with plastic wrap, then the Space Blanket, then the Sheet, and finish with the Wool Blanket.
7. Place a cool towel across the client's eyes and dim the lights.
8. Let the client relax for 20 minutes.

### REMOVAL:

1. Starting with the leg area, gently unwrap one leg. With warmed towels start to remove the algae. Once the algae is removed, roll the plastic wrap up toward the middle of the bed and leave in between the leg area.
1. Repeat on the next leg. When this area is complete, gently remove the plastic from the lower half of the bed.
2. Cover client with a bath towel as you finish each area.
3. Moving upward toward the trunk of the body, unwrap and remove the algae.
4. When the entire front of the body is complete, have client sit up and remove remaining algae from the back. Remove remaining plastic from the bed.
5. Place a large owl around client and give them a bottle of chilled Amber Vitamin Infusion or a cup of warmed Amber Slimming Tea. This will help the client regain their composure and balance.
6. Algae should not stain.