# Agenda

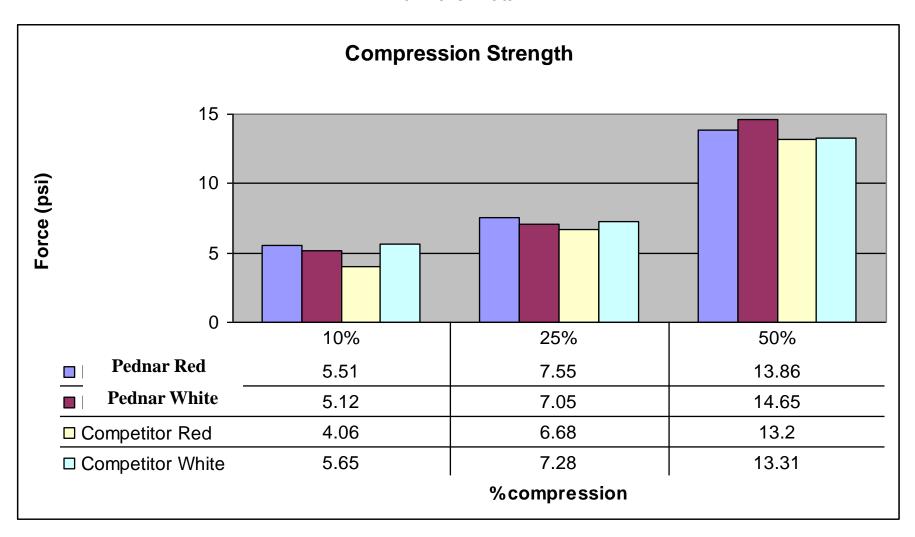
- Testing Overview
  - Explanation of Compression Strength Testing
  - Explanation of Compression Set Testing (also called Compression Recovery)
- Test Data Review
- Practical Test You Can Do

## Compressive Strength

- The force required to compress the foam.
  As foam compresses, resistance increases
  - Typically compression amounts are discussed at 10%, 25% and 50% of the foams thickness.
  - The data value is displayed in pounds per square inch (psi) of force.
  - ASTM testing standards call for no skin on the tested samples. Pednar uses ASTM standard
  - A graph can be used to show results (next page)

## **Actual Compression Data**

6" Roller Data



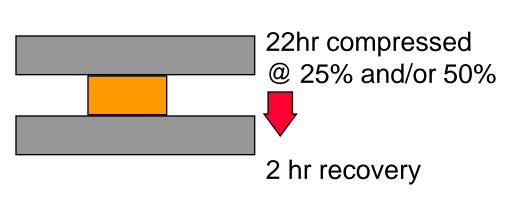
## Compression Recovery

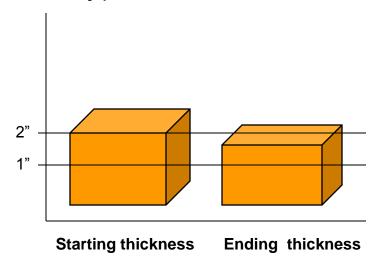
- The amount of recovery measured after release from a compression event.
- The data value is expressed as percent of recovery after a compression event.
- ASTM testing standards call for no skin on the tested samples. Pednar uses ASTM standard.
- The sample is compressed for 22 hours, allowed to recover for 2 hours.

# Compression Set Test

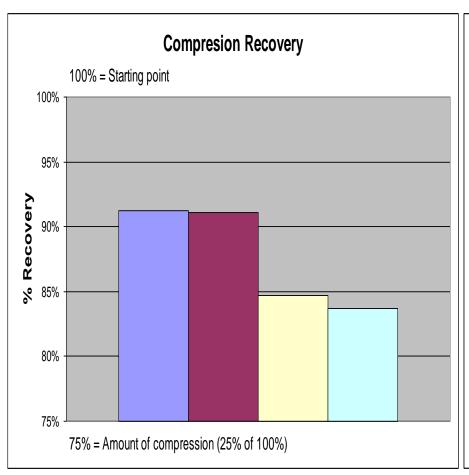
Compression Set

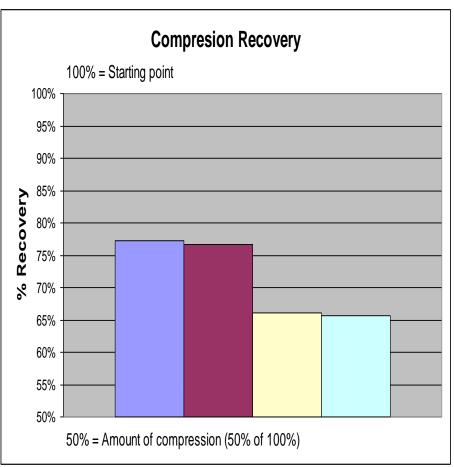
- % of thickness lost
- (measured after 2 hours recovery)





# Actual Compression Recovery Data





### **Practical Test**

- The images to the right show compression in use.
   The person has a size 9 foot and is 180lbs
- The red roller is the China product and the White is Pednar's.
- The amount of compression is about the same, like the data indicates.





## **Practical Test**

- The image to the right shows the amount of recovery.
- The image was taken within a few minutes after the compression done in the previous images.



### **Practical Test**

- The images to the right shows the amount of recovery after 2 ½ days.
- The compression was done Friday @ 3:30 pm and the image to the right were taken Monday @ 10 am.





## Conclusion

- The Pednar roller has slightly better compressive strength compared to the China roller, but similar.
- The Pednar roller has twice the recovery from a compression then the China roller.
- In actual testing the visual results match the formal tests.
- Pednar rollers will hold their shape better and longer then the China roller.